

ATN 170: IMPACT Summary

Study Description

Stimulant drug (e.g., crystal methamphetamine, cocaine, ecstasy, MDMA) use is a substantial public health problem among young sexual minority men (YSMM) in the United States (US). YSMM also have amongst the highest rates of HIV in the US, and lowest rates of HIV prevention and treatment. In fact, **using stimulants makes it more likely that YSMM will engage in behaviors that put them at increased likelihood to acquire HIV during sexual encounters and will use fewer HIV prevention and treatment services.** Together, this leads to increased HIV acquisition/transmission.

Currently, there are no evidence-based programs to reduce stimulant use and likelihood of acquiring HIV among YSMM. In response to this urgent need, the current project aims to examine whether Project IMPACT—a program that **combines HIV sexual health counseling with behavioral activation therapy** (an evidence-based, easy to administer, **cognitive behavioral approach to treat depression** that focuses on helping individuals re-engage in activities that generate feelings of enjoyment)—reduces HIV acquisition and transmission likelihood in cisgender YSMM (regardless of HIV status) who use stimulants in the context of sex.

Additionally, this project will examine best practices for implementing the program, for whom the program works best and how to best disseminate the program if successful.

Why is this study important?

If successful, Project IMPACT will be ready for use in routine practice in a variety of settings (e.g., substance use treatment, community organizations), reducing both HIV transmission and stimulant use among YSMM.

Who can participate?

- Ages 15–24
- Sexual minority, cisgender men

HIV Status

Participants living with or without HIV

Where is the study enrolling?

Boston | The Fenway Institute
Chicago | Cook County Health
Los Angeles | Children's Hospital Los Angeles
New Orleans | Tulane University
Nationwide | United States

ClinicalTrials.gov Information

Coming soon!

Questions? Contact Us!

Site:

Project Lead:

Email:

Phone Number: