

# ATN 165: Linking Youth to PrEP Services (LYPS) Summary

## Study Description

Pre-exposure prophylaxis (PrEP) is highly effective at preventing HIV and is now covered by many health insurance plans, Family Planning Medicaid, and drug assistance programs. However, **getting and staying on PrEP is still challenging for many young people due to barriers that can include long distances to clinics that offer PrEP, inaccessible clinic locations, limited office times, lack of adolescent friendly sexual health services, and stigma and discrimination.**

The LYPS study aims to improve PrEP use among young transgender women and gay, bisexual and other sexual minority men. **The LYPS intervention combines the use of a Community Health Provider to deliver PrEP services at a location a participant chooses outside the clinic (for example, in the home or a private room in a community center) with a smartphone-based app to support PrEP use between services.** This study will test whether this way of getting PrEP helps more young people take their PrEP successfully to improve their sexual health and reduce their likelihood for HIV.

## Why is this study important?

Home- and community-based care delivery models could improve PrEP use for communities who have a hard time accessing PrEP. This way of providing services **could provide more options for individuals who would like to access PrEP and support people who might otherwise stop using PrEP** after initially trying it to reduce HIV and health inequities among youth and young adults.

## Who can participate?

- Ages 13-24
- Sexual minority men
- Transgender women
- Participants must be on PrEP or PrEP eligible (oral PrEP or long-acting injectable PrEP)
- English and Spanish speakers

## HIV Status

Not living with HIV

## Where is the study enrolling?

**Baltimore** | Johns Hopkins University  
**Boston** | The Fenway Institute  
**Houston** | Baylor College of Medicine  
**Los Angeles** | Children's Hospital Los Angeles

## ClinicalTrials.gov Information

Coming soon!

## Questions? Contact Us!

**Site:**

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