

ON THE 35TH WORLD AIDS DAY, WE REMEMBER

that PrEP, a once-a-day medication to prevent HIV, was approved for adolescents 5 years ago, and we

COMMIT

to making HIV prevention and treatment more accessible & effective for youth.



IN 2018, PREP WAS APPROVED FOR YOUTH.

PrEP is a medication that can protect individuals from getting HIV from sex or injection substance use. When taken as prescribed, PrEP can reduce the likelihood of acquiring HIV by up to 99%.

PREP REVOLUTIONIZED THE WAY WE APPROACH HIV PREVENTION.

With new types of PrEP becoming available (e.g. long-acting injectables), people can take charge of their sexual health in ways that work for them.

↑ **76%**

MORE TEENS WERE PRESCRIBED PREP IN 2021 THAN IN 2018



SOME OF OUR STUDIES HELPED PAVE THE WAY FOR PREP AMONG TEENS AND YOUNG ADULTS.

In the “PrEPare” study (ATN 113), participants were given Truvada, a type of medication used for PrEP, for a year to learn more about its safety and tolerability among teens under 18.

**THE STUDY FOUND
THAT PREP WAS
WELL TOLERATED
WITH MINIMAL
SAFETY CONCERNS.**

Another study, ATN 110, came to similar conclusions for Truvada as PrEP among young adults between 18 and 24.



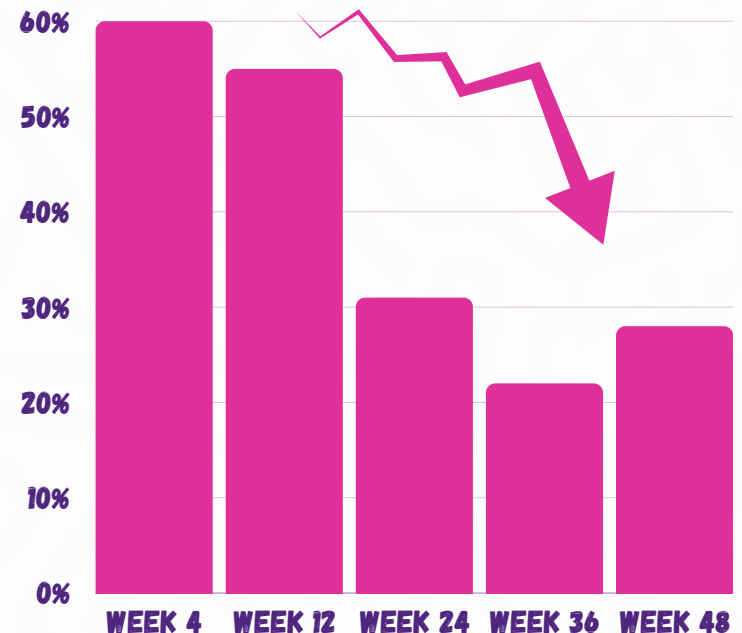
BUT, THE STUDY ALSO MADE IT CLEAR THAT MOST YOUTH STRUGGLED TO STAY ON PREP AFTER 3 MONTHS.

TEENS NEED THAT EXTRA SUPPORT.

Participants faced challenges because of where they are in life, such as forgetting to dose between school/work or facing stigma from their peers.

ATN 113 highlighted the need for developmentally appropriate strategies to improve medication adherence among youth.

% of Participants with protective levels of Truvada (TFV-DP) over 12 months (n=47)





My favorite thing about working with the adolescents in ATN 113 was seeing them take ownership of their sexual health and consider aspects of HIV prevention that they hadn't really thought about before the study. Many were able to have open conversations about LGBTQI+ health with professionals for the first time, which made me happy to see.



Sybil Hosek (she/her), Ph.D., protocol chair for ATN 113

HERE ARE TWO UPCOMING ATN STUDIES EXPLORING PREP AMONG YOUTH:



MAIN QUESTION

If we made a long-acting “multi-purpose prevention tool” that:

- prevents HIV
- prevents pregnancy
- and has menstrual suppression benefits

What key features and considerations would cisgender women, trans men, and gender diverse people with childbearing potential want from it?



MAIN QUESTION

If we provided young sexual minority men with a suite of mobile health tools providing:

- education about PrEP
- medication reminders
- personal testimonies

Would they have an easier time choosing which type of PrEP to take and to take it as recommended?

To learn more about these and other upcoming studies, visit atnconnect.org

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WORKS CITED + REFERENCES

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- **Kimball, A., et al. (2023). HIV Preexposure Prophylaxis Provision among Adolescents: 2018 to 2021. *Pediatrics* November 2023; 152.**